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School isit to ulle Salenae MUSEUM

On 18 February, 9 English Ambassadors found themselves at the Hong Kong Science Museum. The students were pleasantly surprised to find out that over 70 per cent of the Hong Kong Science Museum's 500 exhibits are hands-on, meaning you can literally play around with a broad spectrum of cool topics, including robotics, virtual reality and transportation. You can read about our students' experiences below:

A fruitful day exploring about science in a wide range of galleries

Lucas Tan, 2E:

We visited the Science Museum on 18 February 2017 and we had such a great fun there!

Although Hong Kong Science Museum is very small, there are a lot of things displayed such as dinosaurs, a car engine, models illustrating electricity etc. I was so excited to see all these things on the day. My favourite categories at the Science Museum are the electric and the electrical devices partially because I am interested in electricity.

It is a wonderful way to explore science through English and find out more about other things that we do not normally face with in our daily lives! So, I really enjoyed this visit to the Science Museum and I can't wait for the coming field trip to begin.

Hands-on discovery learning at the Electricity and Magnetism Gallery Student exploring various properties of mirrors at the Mirror Zone

Miki Liu, 5E:

My favourite galleries are Life Science and Food Science. The first reason is that they are strongly related to my life. As for the food gallery, it tells more about the food that we consume in our daily lives and how much exercise we have to do to compensate for the daily calorie intake.

Our body system is very complex, if we don't study biology, it's difficult for us to tell how a proper organ unctions. A visit to the Life gallery gave me an insight into the structure of a human body and functions of different organs. I learnt a lot about the human body at the museum and this aroused my interest in biology. You never know one day I might become a scientist!

Food Science Gallery

Priscilla Cheung, 5E:

On 18 February, I visited the Science Museum with my teacher and classmates. We had a great time at the Science Museum.

It was my first time I had ever been to the Science Museum so I felt excited before I went there. I was curious about many things there. What impressed me the most are the Food Exhibition and the Mirror Zone.

At the Food Exhibition, I explored more about food. I have learnt that if we eat one pack of chocolate, we should run for 23 minutes to consume the calories. Therefore, it is not a good idea to eat too much chocolate. Otherwise, we will get obese very easily.

At the Mirror Zone, I saw a wide range of mirrors which were very interesting.

I enjoyed this visit a lot and would definitely recommend this museum to my friends!

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for inquiry learning about science

Sandy Lee, 4E:

A great deal of opportunities

I think a visit to the Science Museum was one of the fascinating experiences I had ever have before. I learned more about science.

Firstly, I went to the Science News Corner. It was full of science research projects conducted by local universities, involving new discoveries and the latest technologies. It helps to keep the public abreast of the latest science news.

Secondly, I went to visit the Food Science gallery. The main idea there was to analyze the ingredients contained in food and show the relationship between a balanced diet and health. You can watch a series of videos in the Process Theatre to understand the modern production of moon cakes or ice cream. Or you can choose several kinds of food and then practise cycling in the 'Food is Fuel' exhibit to see how much energy is spent and what the constituents of the food are.

Lastly, I visited the Life Science. The Life Sciences Exhibition Hall illustrates the wonders of life. It covers different aspects of life sciences including prehistoric life, structures of human bodies and functions of the organs, bones of human being as well as different animals, conventional and contemporary concepts in medical sciences, etc. Visitors could explore the mysteries of life sciences.

> I was pleasantly surprised to learn so many things during my visit. I really enjoyed the visit to the Science Museum. This museum is definitely worth a visit.

Gaining insights into the relationship between calorie intake and our health





AFS Intercultural Fair 2016 was successfully held on 26 November at Maryknoll Fathers' School. This was a unique intercultural learning event where over 40 foreign students from 15 countries shared their culture with more than 1,000 students from over 70 local secondary schools. This one-day event allowed local students glimpses of cultures from Sweden to Thailand. We were delighted to have 8 English Ambassadors visiting the AFS Intercultural Fair this year. Students had a chance to interact with exchange students from various countries. During the visit, our students learned different cultural aspects of these countries. They also tried out their food, played their games and joined the folk dance. This unique experience at the fair helped them gain a better understanding of how differently people live around the world. Indeed, such fairs like AFS Intercultural fair help students step out of their comfort zone and explore themselves.



Ken Lo, 3E:

On 26 November, 2016, I visited the AFS Intercultural Fair with my classmates. We had great fun there and learned some basic expressions from new languages such as Russian, Italian and Spanish. We also learnt about their traditions and customs. For example, the most direct way to say "hello" in Italian is "ciao" but there are actually multiple ways to greet someone. In the Russian cultural classroom, we learned to count up to 10 in Russian. It's hard to find a symbol of Russia more popular than the traditional Russian nesting doll. These decorated wooden dolls "with a secret" are also called matryoshka dolls or babushka dolls. I found these Russian nesting dolls very original and unique.

There were other schools coming to the AFS Intercultural fairs as well. We all enjoyed the fair. It was also nice to meet and talk to other students from local secondary schools. I had a really good time at the fair and this really helped me broaden my horizons and raise my intercultural awareness.

Haley Wong, 3D:

On 26 November, we visited the AFS Intercultural Fair, which was held at Maryknoll Fathers' School .

Firstly, we went to the Italian cultural classroom. We learnt some daily useful words such as various forms of greeting and numbers, for example, "ciao" (hello), "baci" (kiss) and "uno" (one). Also, we played the "music chair" game with students from other schools, which was really fun! Then, we went to the German cultural classroom. The exchange students from

Then, we went to the German cultural classroom. The exchange students from Germany taught us some basic German words in order to play a funny game with the rest of the audience. Basically, we had to say food vocabulary in German such as "schokolade" and "gummibarchen" and then jump and catch these food items.

Next, we learnt more about the Spanish culture. We gained valuable insight into this fascinating culture by getting to know more about bullfighting and traditional dances of Spain. Finally, we dropped by the Russian cultural classroom. We learnt a few new

Finally, we dropped by the Russian cultural classroom. We learnt a few new words in Russian, for example, "poka" (bye), "dva" (two) and "syem" (seven). Then, we played the "blind chick" game, which was very exciting.

Doyou know 2

Can you translate the following words into the correct European languages?

- 1. The colour 'blue' in French.
- 2. 'Ice cream' in Italian.
- 3. 'Tomorrow' in Spanish.
- 4. 'Wales' in Welsh.
- 5. 'Thank you' in Finnish.
- 6. 'Hello' in Portuguese.
- 7. 'Dog' in German
- 8. 'Hello' in Polish.
- 9. 'Welcome' in Dutch.
- 10. The number 'one' Norwegian.

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Yetta Ye, 4E

As is known to all, a traditional pineapple bun contains no pineapple. It gets its name due to the sugary top crust, which has a checkered top that resembles the outermost layer of a pineapple.

The pineapple bun is very popular in Asia because of its low price and special textures. It is easily to be found in different bakeries or Cha Chaan Tengs. Commonly eaten for afternoon tea, it is used to enjoy with a cup of milk tea. Its crispy and sugary top makes a delicious contrast to its softer bun. Many Cha Chaan Tengs also offer buttered pineapple bun, which will be more delicious when a piece of butter stuffed inside melts in the hot interior of the bun.

Nowadays, more novel kinds of pineapple bun that contain different kinds of ingredients in the bun, like fruit, cream, meat are created. Since some people think that the pineapple bun which has high calories is not healthy to eat, there is also mini-sized version which can be a dessert. Above all, as people admire it so much, the pineapple bun is not only a delectable food in daily life but also a part of Hong Kong's intanaible cultural heritage.

