

Singing contest on 5th July, 2018 organized by the Student Union

Were you thrilled by the outstanding performance of senior form students in the Singing contest on 5th July, 2018? There are stories behind the scene and we need to treasure their effort.

Why did we choose the song "Ji Mingyue"(寄明月)? It was just because our team loves Chinese culture. We are obsessed by it. Furthermore, we wanted to introduce the Chinese traditional Pop Music and Chinese culture to our schoolmates. I have never thought of being the champion of the singing contest. My friends and I were amazed and dumbfounded. Though we had many arguments throughout the practice, we didn't give up. One of my friends helped us to solve our problem. I want to thank her from the bottom of my heart. We worked so hard for each practice! After this contest, I learnt even if something is very difficult and you want to give up, it's important to keep trying your best. With hard work and determination, you will succeed.

4E Lau Lok Yee



When I was invited to join the singing competition, I did not want to participate in it. For me, performing in front of audience is embarrassing and scary but I realized that it was the last chance in my school life to do so. If I did not do it, I would have regretted in the future. During the practice, the most difficult part was the synchronization of the dance. We wanted to give a perfect performance. I will never forget the huge round of applause at the end of our show. It was meaningful and fantastic.

5A Paul Lee



It was thrilling for us to perform in our senior school life. To prepare for the performance, we spent one week in choosing the song and learning the dance. Of course, we encountered some problems during the preparation, such as time limit and challenging dance movement. Nevertheless, we never gave up because we wanted to amaze the audience. The performance was memorable and it greatly boosted our confidence. Finally, we hope that everyone will join more activities in your precious school life!

5A Johnson Chiu

APL Most Social Media Popular Award of Image Design

Yiang Hok Sze, a 5D student of 2017-18, won the prestigious 'APL Most Social Media Popular Award of Image Design' organized by VTC. She spent 6 months to create her modern 'Vampire Beauty'. The outfit is an evening dress made of heat set pleated polyester fabric matched with a symmetrically layered shawl which incidentally created a mysterious and daunting appearance. Her model, Chan Sum Yee, had her make up done with exaggerated eyebrows and dark skin tone giving her a cool and distant look. We give our sincere congratulations to her!



Neymar wants out of PSG

Some reports have stated that Neymar can leave PSG for 193 million pounds at the end of the campaign to return to Barcelona. Why would Neymar want to suddenly go back to Barcelona? The main reason is because of Kylian Mbappe. The Frenchman has already established himself as one of the best footballers on the planet. Recently he scored 4 goals in 13 minutes which has made his name even bigger. Neymar felt that Mbappe has overshadowed him and wants to leave the club. Ironically, this is why he wanted to leave Barcelona in the first place. Now he said he misses the relationship with Lionel Messi and Luis Suarez and the weather in Barcelona. I think those are the excuses why Neymar wants to leave but the main reason behind is that Mbappe stole the show and he felt disappointed with that. No matter what the result is, many Barcelona fans do not want Neymar to be back as he betrayed them in the first place.

5A Zack Wong



NEW FACES in Holm Glad College

Have you noticed we have some new faces in our campus this year? Carson, Jerry and Arthur of 5A have interviewed them and would like to share their findings with you.

Take a look!

Interview with Arina

C: Carson A: Arina

C: Can you tell us a little bit about yourself?

A: My name is Arina. My surname is Arkinova. I'm an exchange student from Russia.

C: Why did you choose to be an exchange student in Hong Kong and not other countries?

A: It's a very interesting question. Hong Kong is very different from other Asian countries because there is a mixture of Asian and European culture. I didn't want to go to China. I wanted to go to Hong Kong because it's more interesting for me. It's more...comfortable here.

C: How do you feel about studying in Holm Glad College?

A: I am really happy that I decided to study in this school because I have a lot of great and amazing classmates. And I really love my teachers because they always translate for me. They want me to feel happy and enjoy my exchange here. They really try their best to help me. Principal Lee also helps me. Every time when I see him, he asks me how I am and how my life in school is going. I feel that people here are really interested in exchange students, and I really love it. I love the atmosphere in this school.

C: How is education different between Russia and Hong Kong?

A: Actually the program in Holm Glad College is a little slower. It's faster in Russia because I don't need to study it in English. In Moscow we study 11 years and here you study 12 years. Our program is faster.

C: What is the most difficult subject for you?

A: Chemistry. Chemistry is the most difficult for me. Though I studied it in Moscow, I didn't pay attention. I really try my best to learn this subject but it's difficult to learn, especially in English.

C: Thank you for your time.

A: My pleasure!



Interview with Mr. Musni

C: Carson MM: Mr. Musni

C: Can you tell us a few facts about yourself?

MM: Ok! I'm from USA. I've been living in Hong Kong for 12 years. And I've been a teacher the whole time. I first came to Hong Kong on a holiday, enjoyed it, and decided to live here.

C: Great! So, what's your feeling about coming to Hong Kong.

MM: It's very organized, interesting, and exciting. However, it seems a lot of people are really stressed out. And students have a lot of work. People don't sleep. They sleep very late and wake up very early so...it's a mix.

C: That's true. So why did you choose to be a NET teacher?

MM: I like teaching and tried it out. I liked it and went back to school to get a Master's Degree so I can become a NET.

C: What do you feel about this school?

MM: I like the students' attitudes here. Easy to talk to and fun to get along with.

C: What's the difference between students in USA and those in Hong Kong?

MM: Some students of the USA are a little lazier. Hong Kong students are more hardworking. But I think that students in USA enjoy school more and still learn a lot. Hong Kong students look pretty stressed out.



Interview with Mr. D'Souza

A: Arthur MD: Mr. D'Souza

A: Can you tell us a little bit about yourself?

MD: My name is Sam D'Souza. I was born in Toronto, Canada. But my mom is Swiss. We moved to Switzerland from Canada after 8 years. And then after that I moved to England. There I studied secondary school. I also lived in France for a year. After finishing University in Wales, I moved here to become a teacher with you guys.

A: Wow. What a surprise! The second question is what is your feeling about Hong Kong?

MD: I was a little bit scared because I can't speak any Cantonese.

But I was really excited about the food and experiencing a new place.

A: Why did you choose to be a NET teacher?

MD: That's a good question. I thought it would be a good experience and a lot of fun. And I would learn a lot of skills like communication skills and organization.

A: What do you feel about this school?

MD: This school is very fun. Everyone is very nice, friendly and very sporty. You can especially see today. Everyone is really getting into it. Yeah it's a really nice school. I really like it.

A: What is the difference in education between England and here?

MD: Fairly similar. Mainly the teaching style, I think. I think there is more group work in England and a lot more projects to do.

A: Oh that's great. Thanks a lot. That's the end of our interview.

MD: Thank you!



Interview with Ms. Lui

C: Carson ML: Ms Lui J: Jerry

C: Can you tell us a little bit about yourself?

ML: OK! I am Ms. Lui and I teach Integrated Science and Biology. I like these two subjects because they help me understand more about the natural world. I think living things and the environment created by God are amazing. So I like to share my knowledge with my students.

C: You should teach Geography.

ML: Why?

C: Because you like the environment.

ML: Actually, I think Biology and Geography are quite similar in some aspects. I decided to choose my major in university as Biology because I thought I would have more chances to do experiments as well as going on field trips.

C: Why did you choose to be a teacher?

ML: First of all, I think that I can share my science knowledge with my students. Besides, I enjoy interacting with students, sharing their ups and downs. And when I was a student I met teacher that really cared about me and other students. I would like to continue that love and support with the next generation.

C: Wow. It's wonderful. What do you think about this school?

ML: I think that the students are really willing to help each other. The atmosphere is full of love and harmony.

Jerry: Can you tell us what's the difficulty of teaching Biology?

ML: Some of the concepts are quite abstract. We can't see molecules or cells with our eyes. So I need to use some models or animation to show the concept to students.

J: Thanks for your time.

ML: You are welcome.



Interview with Ms. Xia



C: Carson MX: Miss Xia

C: Can you tell us a few facts about yourself?

MX: I come from Mainland China and I achieved my bachelor's degree in Suzhou. And then I came to Hong Kong to further my education in the City University of Hong Kong. This is my first year working here.

C: Oh, City U! My friends study there. Ok..so...What do you think of Hong Kong?

MX: This place is not too familiar to me but it's better than what I expected.

C: Is it because we are too fast paced in Hong Kong? What's your feeling about this school?

MX: I think it's different compared to Mainland schools.

Jerry: What do you find difficult about teaching in Holm Glad?

MX: Students here expect something fun. It's not an easy thing so I need to make my class more interesting, perhaps, to attract more students.

C: That's the main point for lessons when you are a teaching assistant, right? So will you be a teacher in the future?

MX: Of course!



Recipes



Have you thought of preparing breakfast yourself in the morning? Here are some good recipes recommended by Form 1 (2017-18) students. Choose one you like!

Warm Love Breakfast 1C

Ingredients:

a slice of cheese
a slice of bacon
a cup of yogurt
a roll of rice
a pack of sausages
a slice of toast
a box of fruits (apples, oranges, pears)
two eggs
butter
biscuits

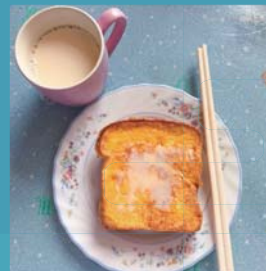
Cheung Hoi Lee, Wong Hoi Sum,
Lee Si Kei, Leung Ka Hei

Steps:

1. First, melt the butter and grill the toast in a pan.
2. Next, put the oil and fry the bacon.
3. Then, beat the eggs.
4. Next, fry the eggs.
5. Cut the sausages into octopus shape. Boil the sausages in hot water for one minute. After one minute, the sausages will become an octopus shape.
6. Then, put the bacon on the toast and sprinkle the cheese on the bacon.
7. Mix the eggs, soy sauce and sausages into a bowl.
8. Use the wrap to squeeze the rice into a ball.
9. After that, cut the fruits into small pieces and pour the yogurt into a cup.
10. Finally, arrange the dishes.



Sweet Breakfast



1D Connie Cheung, Koey Li, Annie Liu, Crystal Mai

Ingredients:

2 slices of bread
2 eggs
1 tube of condensed milk
1 pack of soybean
2 litres of water
20mg of sugar

Steps:

French Toast

1. Crack the eggs into the bowl and whisk the eggs.
 2. After that combine two pieces of bread.
 3. Then squeeze the condensed milk and spread it on the bread.
 4. Finally, soak the bread in the eggs and fry the bread.
- Soy Milk
1. First, soak soybeans for one night.
 2. Then pour the soy milk into the filter bag to filter the soy milk.
 3. Next, pour the soybeans and the water into the blender. Make it into soy milk.
 4. After that, boil the soy milk and add the sugar into the soy milk.
 5. Serve.



Cheerful Morning Meal 1E Kaye Lame, Chloe Lai, Yoe Lui and Ella Chan

Ingredients:

1 pack tomatoes
2 eggs
2 slices of cheese
1 pack of ham
1 loaf of bread
1 pack of sausages
1 can of coke

Steps:

1. First, cut 2 slices of ham into small pieces and another 2 slices of ham into half pieces.
2. Next, beat 2 eggs and stir it. After that, add some salt and mix it together.
3. Then, take 2 slices of bread and bake it for 3 minutes.
4. After that, add some oil on the frying pan and fry the ham for 3 minutes.
5. Next, fry some sausages for 5 minutes.
6. Then, fry the small pieces of ham for 3 minutes and put it in a bowl.
7. When the oil is hot, pour the eggs into the frying pan and at the same time, pour the small pieces of ham into the eggs. Then fry it for 2 minutes.
8. After that, roll up the eggs and put it on the plate
9. Finally, cut the tomatoes into pieces, then put 2 slices of cheese on the eggs.
10. Arrange the dish and serve.

